I would like to have the questions and answers that you provide for me in a printable format. I also would like to be able to have a copy of the visible question and answers as they are on the screen. I am planning to post these responses and questions on the Internet and would like advice as to how to do this.

As an AI language model, I don't have the capability to provide you with a printable format of the questions and answers directly. However, you can easily copy and paste the questions and answers into a text document, and then print or save that document.

To copy the visible text on your screen, you can use the standard copy function on your computer or device. On Windows, you can use the keyboard shortcut "Ctrl + C" to copy the selected text. On Mac, you can use "Command + C". You can also right-click on the selected text and choose "Copy" from the context menu.

To post the questions and answers on the internet, you can use a variety of platforms such as a blog, a website, a social media account, or a forum. You can simply copy and paste the text into the platform of your choice. If you want to include any images, you can save them to your computer and upload them to the platform as necessary.

However, please note that if you plan to use the questions and answers from Ask AI in any commercial or public-facing project, you should ensure that you have the necessary permissions and/or licenses to do so.